

LENT 2026

The season of Lent and Easter is a journey rather than a single event. It is a journey that takes us from Ash Wednesday through to Passion, or Palm, Sunday and Holy Week to the cross on Good Friday and to the joyous discovery that the tomb is empty and that Christ is risen on Easter Day ... It is a journey that takes us through the deep waters of life and death to new resurrection life and it is good to have travelling companions on such a journey. *

Quiet Time Together

A space for contemplation, and sharing our Lenten journey

Ending with a short service of Evening Prayer

Wednesdays 4 – 5pm St Leonard's

For Private Reflection

Please add you name to the list at the greeting table for a print copy

*Revd Sue Lodge-Calvert's **Lent Year A** course based on the Sunday readings:

<https://www.companionsontheway.com/post/lent-easter-year-a-worship-course>

Revd Sue Lodge-Calvert's study **Befriending Death** - both physical and psychological death:

<https://www.companionsontheway.com/post/becoming-fully-alive-by-befriending-death-personal-development-course>

Tear has a great social justice orientated Lent course **The Table**:

<https://www.tearfund.org.au/lent-2026>

Anglican Board of Missions (ABM) has a wonderfully Australian course **Holiday** with stories of Jesus' ministry starting at his baptism and leading to his resurrection. A few copies available for \$12 per book.